

STEP TRACKER

DAILY GOAL: _____

DAYS	STEPS
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	

DAYS	STEPS
17	
18	
19	
20	
21	
22	
23	
24	
25	
26	
27	
28	
29	
30	
31	

MONTHLY TOTAL: _____